

MATES
2022-23 CALCULATE YOUR COST WORKSHEET

	COLUMN A	COLUMN B
	7/1/22 - 9/30/22	10/1/22 - 6/30/23
FULL-TIME ANNUAL CAP *		\$17,086.00
	COST	COST
	7/1/22 - 9/30/22	10/1/22 - 6/30/23
ANTHEM BLUE CROSS PPO PLAN: PBC 100%-D		
TOTAL MONTHLY PLAN COST	\$ 1,682.10	\$ 1,766.10
ANTHEM BLUE CROSS PPO PLAN: PBC 80%-G		
TOTAL MONTHLY PLAN COST	\$ 1,455.10	\$ 1,523.10
ANTHEM BLUE CROSS PPO PLAN: PBC 80%-L		
TOTAL MONTHLY PLAN COST	\$ 1,257.10	\$ 1,313.10
Kaiser		
TOTAL MONTHLY PLAN COST	\$ 1,391.10	\$ 1,483.10
ANTHEM BLUE CROSS PPO PLAN: PBC 90%-G		
TOTAL MONTHLY PLAN COST	\$ 1,573.10	\$ 1,650.10
ANTHEM PPO: Minimum Value		
TOTAL MONTHLY PLAN COST	\$ 1,055.10	\$ 1,103.10
Anthem PPO: 2-Tier Anchor Bronze Plan		
TOTAL MONTHLY PLAN COST	EE: 605.00 EE+CH: 942.00	EE: 635.00 EE+CH: 990.00

TO CALCULATE YOUR OUT-OF-POCKET COST:

- From column A, find the plan you currently have and enter its total monthly plan cost here:
- Multiply line one by 3 months:
- This is the cost of your insurance for the 3 months of 7/1/22 - 9/30/22

$$\begin{array}{r} \text{x} \quad \underline{\hspace{2cm}} \quad 3 \\ \hline = \underline{\hspace{2cm}} \end{array}$$

- From column B, choose the plan you would like to have for the 9 months between 10/1/22 and 6/30/23 and enter its total monthly plan cost here:
- Multiply line four by 9 months:
- This is the cost of your insurance for the 9 months of 10/1/22 - 6/30/23.

$$\begin{array}{r} \text{x} \quad \underline{\hspace{2cm}} \quad 9 \\ \hline = \underline{\hspace{2cm}} \end{array}$$

- Add lines three and six together. This is the annual cost of your insurance between 7/1/22 and 6/30/23.
- Subtract the CAP from line 10 (Your full-time annual cap is \$17,086.00)
- This is your total over cap (out-of-pocket expense).

$$\begin{array}{r} \underline{\hspace{2cm}} \\ - \quad \underline{\hspace{2cm}} \quad \$17,086.00 \\ \hline = \underline{\hspace{2cm}} \end{array}$$

- Divide line twelve by 10 months.
- This is your monthly over cap (out-of-pocket expense) for 12 months of the 2022-23 fiscal year. If you have an over-cap, make sure you are signed up for SISC's no cost Premium Only Plan to save tax money on your premium.

$$\begin{array}{r} \underline{\hspace{2cm}} \\ + \quad \underline{\hspace{2cm}} \quad 10 \\ \hline = \underline{\hspace{2cm}} \end{array}$$

* Part-time employees should substitute their prorated monthly CAP for the full-time monthly CAP indicated on line eleven.

** If the cost of insurance is less than the cap, the district pays the cost of the insurance instead of the cap.