



You get access and convenience to these innovative programs



BENEFIT HIGHLIGHTS



HOW TO GET STARTED

24/7 Help with Personal Concerns

SISC Employee Assistance Program

Access free, confidential resources for help with emotional, marital, financial, addiction, legal, or stress issues.

Call 800-999-7222

Visit anthemEAP.com/SISC



Expert Medical Opinions

Teladoc Medical Experts

Get answers to health care questions and second opinions from world-leading experts.

Call 855-380-7828

Visit teladochealth.com/SISC



24/7 Physician Access—Anytime, Anywhere

MDLive

Consult with doctors and pediatricians over the phone or using online video for common medical conditions and behavioral health issues. Physicians can prescribe medication when appropriate. *copays may apply

Call 800-657-6169

Visit mdlive.com/sisc



Personal Health Coaching

Vida Health

Get one-on-one health coaching, therapy, chronic condition management, health trackers and other tools and resources online or via phone.

Call 855-442-5885

Visit vida.com/sisc



Health Screening Program

Quest

Health screening measures your blood pressure, cholesterol, glucose and other important health-risk indicators. You immediately receive your confidential results; no one at your school will have access. Every participant gets a \$25 Amazon gift code by email within 30 days of the event.

If your district participates, you will be provided with event information.



Flu Shot Program

Costco

Flu shot clinics are hosted at your school and available to every WABE member and covered family members.

If your district participates, you will be provided with event information.